

SEPTEMBER 2023

Elementary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 WG PIZZA SLIDER 3 WAY SALAD RED DICED ONION MALIBU RANCH RASPBERRY PASSION FRUIT RIPS
4 	5 CRISPY CHICKEN DRUMSTICK WG CHEESY GARLIC BREADSTICK MASHED POTATOES CHICKEN GRAVY SAVORY GREEN BEANS AMERICAN HERO ROSATI ICE	6 BEEF HAMBURGER CRINKLE CUT FRIES SWEET BBQ BEANS DILL PICKLES WATERMELON	7 TERIYAKI MEATBALLS BUTTER HERB RICE CHOPPED KALE SALAD BABY CARROTS MALIBU RANCH *FARM FRESH STRAWBERRIES 	8 WG GALAXY PIZZA 3 WAY SALAD W/ TOMATOES ITALIAN DRESSING BLUE RASPBERRY LEMON SIDEKICK
11 WG POPCORN CHICKEN WG CORN BREAD BUTTERY CORN SAVORY GREEN BEANS MIXED FRUIT	12 CRISPY BEEF TACO CABBAGE MIX REFRIED BEANS DICED PEACHES 	13 WG CHICKEN SANDWICH SWEET POTATO FRIES SHREDDED ROMAINE LETTUCE TOMATO SLICES GREEN APPLE	14 WG ITALIAN PASTA FRESH SPINACH CUCUMBERS ITALIAN DRESSING *FARM FRESH ORANGE* 	15 WG PIZZA STICK MARINARA SAUCE 3 WAY SALAD MALIBU RANCH **CHERRY LIMEADE SLUSHIE**
18 WG CHICKEN NUGGETS CRINKLE CUT FRIES SWEET BBQ BEANS MIXED FRUIT	19 CHILI CHEESE TOTS WG CORN BREAD DICED ONION DICED PEACHES 	20 WG HOMEMADE TURKEY AND CHEESE SANDWICH SHREDDED ROMAINE LETTUCE DILL PICKLES BANANA STRING CHEESE 	21 WG ASIAN ORANGE CHICKEN CHOW MEIN CABBAGE MIX SHREDDED CARROTS MALIBU RANCH RED APPLE 	22 WG PIZZA WEDGE 3 WAY SALAD CELERY STICKS MALIBU RANCH **SIDEKICK SOUR CHERRY LEMON**
25 GARLIC CHEESY TOAST MARINARA SAUCE GARLIC PARMESAN CORN MIXED FRUIT	26 CHICKEN TENDER TACOS RED SALSA CABBAGE MIX DICED PEACHES 	27 WG CINNAMON TOAST EGGSTRAVAGANZA HASH BROWN GRAPE TOMATOES *FARM FRESH ORANGE*	28 WG MEATBALL SUB FRESH SPINACH TRI COLOR BELL PEPPERS ITALIAN DRESSING APPLE PEAR 	29 WG PIZZA SLIDER 3 WAY SALAD W/ TOMATOES MALIBU RANCH RASPBERRY PASSION FRUIT RIPS



What Makes a Lunch

Select 3-5 Components

Milk

Grain

Fruit

Veggies

Protein

One must be a

Fruit

AND/OR

Veggies