School:
Student Name:
Date of Last Exposure:
COVID Liaison Team Member:

Your child may have been exposed to someone with COVID-19. We care about your child and your family and understand that you may have questions. Please review the information below.

WHAT TO DO NEXT? For Students and Families

- Your child is <u>unvaccinated</u>, they should stay home from school and quarantine until testing results are received.Testing should be performed no sooner than day 5 after the documented exposure. Results of the PCR test will inform next steps. Recommended date for testing _____. If your child's PCR test result is negative and child remains asymptomatic, your child may return to school on day 8. If you choose not to have your child tested and they remain asymptomatic, your child may return to school on Day 11. Call your child's healthcare provider to discuss whether your child needs to be evaluated.

- Your child is <u>fully vaccinated</u>, they should remain in school and are required to be PCR tested 5-7 days after the documented exposure. Results of the PCR test will inform next steps. Recommended range of dates for testing _____. Call your child's healthcare provider to discuss whether your child needs to be evaluated.

Where can your child get a PCR test?

1. Testing Information Website https://sbcovid19,com/testing-sites/
   - Make an appointment online or some accept walk-ins; testing is FREE.
2. Hook Community Center 10am-6pm, Tuesday-Saturday
   14973 Joshua Street, Victorville
   - Walk-up only; testing is FREE.

What do the results mean?
If your child receives a Negative test result, please contact Covid Support and provide a note from your healthcare provider **or** lab report and may return to school if:
• Child remains symptom free
• Child has no fever for at least 24 hours (without the use of fever-reducing medications)
• It's been at least 8 days since the exposure date

If you choose not to have your child tested and the above conditions are met, student can return _____.

Quarantine best practices include:
- Continuing to monitor for symptoms for 14 days following the exposure. If child becomes symptomatic, have the sick child (and anyone else who has symptoms) begin isolation by keeping away from others and using a separate bathroom for the duration of isolation.
- You can and should seek medical attention if needed during quarantine or isolation.

If your child receives a *Positive* test result, they MUST notify Covid Support. Your Child must isolate and can return to in-person school only after:
• It has been 10 days since symptoms started AND
• Overall symptoms have improved AND
• Child has no fever for at least 24 hours (without the use of fever-reducing medications)
• You have contacted Covid Support and they have assessed whether your child meets the CDPH requirements for returning to school

If results are positive, the student requires isolation until the conditions above are met. The earliest date the child can return to school is _____, if overall symptoms have improved AND child has no fever for at least 24 hours (without the use of fever-reducing medications). Isolation must continue until these conditions are met, even if that extends the isolation period beyond the 10 days.

Isolation best practices include:
- Having the sick child (and anyone else who has symptoms) keep away from others and use a separate bathroom for the duration of isolation.
- When not able to keep away from others, a mask should be worn by all members of the Household.
- All members of the household should stay home and avoid contact with others outside of your home. After being in close contact with someone with COVID-19, it can take up to 14 days to know if you are sick.
- You can and should seek medical attention if needed during isolation or quarantine.
- Encourage everyone in the household to wash their hands often and avoid sharing personal household items with others (e.g., dishes, cups, towels, bedding).
- Use an effective household disinfectant to clean "high-touch" surfaces and everyday items such as door handles, countertops, and faucets.

If you have questions or concerns, please contact the Covid Support Team. Thank you!